



Potomac Ear, Nose & Throat, PLLC

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Post Operative Instructions:

Myringotomy and Tube Insertion

1. Post surgery there may be ear for one to three days after surgery. This pain should be relieved by Acetaminophen (Tylenol) or Ibuprofen (Advil, Motrin, etc.) if the patient does not have any known allergies to these medications.
2. After surgery expect drainage and possibly some blood-tinged drainage, is relatively common during the first few days. However, the drainage should resolve 5-7 day with prescribed medication (ear drops). If patient continues to have drainage, please call your ENT provider and schedule a follow up appointment.
3. A prescription for ears drops will be given by your provider. Please apply three drops in each affected ear, twice a day for 3 days.
4. It is normal for children to tug/pull/cover their ear(s). However, Call your doctor if the patient has a fever greater than 101.5 for more than 3 days or if has sudden hearing loss.
5. Strict water precautions have not shown to decrease ear infection rates after tubes. Therefore, your child may shower, bathe and swim without ear plugs. Consider wearing ear plugs only if your child will be swimming in contaminated waters such as in certain lakes and other natural bodies of water.
6. Patient will need to follow up with his/her provider 6 weeks after the surgery and will need to schedule a hearing test.
7. After your six week follow up, the patient should have the ears evaluated by the pediatrician at routine check-ups. The patient will not have to see the ENT provider unless there are concerns of infections, hearing loss, or if the tubes have been in place for over 24 months.

If you have any other questions or concerns, please feel free to contact our staff at 703-499-8787.